

NOVEL CORONAVIRUS (2019-nCoV)

What is a 2019 Novel coronavirus?

It is a new strain of coronavirus that has been recently identified in humans. It was first identified in China and is now reported in other countries.

What is the Incubation period of the virus?

The virus can be transmitted before onset of symptoms with an incubation period between 2 and 14 days.

What are the symptoms of the virus?

The respiratory symptoms:

fever shortness of breath and

breathing difficulties are the most common.

In more severe cases, infection can cause pneumonia.

What is the mode of transmission?

The virus can be transmitted from person to person usually after close contact with an infected patient or his respiratory secretions.

Is there a treatment or a vaccine?

At present, there is no specific treatment or vaccine. Most patients can gradually and spontaneously recover.

How to protect yourself from the virus?

- Clean your hands frequently with soap and water or antiseptics
- Avoid close contact with anyone coughing or sneezing
- Report to your doctor if you develop respiratory symptoms within a period of 14 days from returning from China or any other endemic country or if you have contact with confirmed case

What measures should you take in case you are suspected or confirmed to have the disease?

- Stay and sleep in a separate well ventilated room
- Do not share items such as towels with others
- Use tissues to cover mouth and nose when coughing and discard immediately
- Clean your hands frequently with soap and water or antiseptics
- Wear a surgical mask to avoid transmitting infection to others
- Frequently clean and disinfect your surrounding environment
- Report to your doctor if your symptoms are worsening

