



Employee Health Unit - Occupational Medicine services

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AMERICAN UNIVERSITY of BEIRUT MEDICAL CENTER
المرکز الطبي في الجامعة الأمريكية في بيروت

Our lives are dedicated to yours

Introduction

As Occupational Medicine professionals, we treat and try to prevent work-related injuries and illnesses. We collaborate with colleagues from different departments to identify and mitigate occupational hazards. Our ultimate goal is to make the work environment a safer place for a healthier and more productive workforce.

History

The American University of Beirut is the first institution in Lebanon to offer comprehensive Occupational Medicine services to its employees. These services have been provided to employees of the American University of Beirut and its medical center since 1994. The Employee Health Unit was officially established in 2018 to continue offering services to the AUB community and expand to other corporations and institutions. The unit works in coordination with other AUB & AUBMC departments to improve the health and productivity of employees.

Our Mission

We strive to improve work force physical and mental health. We focus on the relationships among the health of workers, arrangements of work, the physical, chemical and social environments in the workplace, and the health outcomes of environmental exposures.



Our Services

Services provided include:

- Pre-placement evaluations
- Periodic health evaluations for certain working groups
- Surveillance programs such as Respirator Surveillance, Hearing Surveillance, and Tuberculosis Surveillance, as needed for the job performed
- Preventive services including immunizations and vaccinations
- Prevention and treatment of work-related diseases and injuries
- Assessment of fitness for duty for employees having difficulty performing the required functions of their jobs
- Return to work or disability evaluation
- Support and case management for both work-related and non- work-related conditions, to reduce illness and absence by enabling employees to remain at work or return to work safely
- Site visits, in coordination with Environmental Health, Safety and Risk Management to identify preventable risk factors for injuries and illnesses
- Education of employees about the prevention and occurrence of violence in the workplace
- Alcohol and drug screening
- Travel medicine
- Wellness clinic including ergonomic evaluations, smoking cessation, stress management, and healthy nutrition
- Safety and Health awareness campaigns and workshops



Our Team

Our Employee Health team includes:

- 3 physicians with special training in Occupational & Environmental Medicine, Primary Care, and Infectious Diseases, with extensive experience in the field
- 1 Registered Community Health Nurse
- 1 Employee Support Coordinator
- 1 Occupational Compliance Assistant
- 1 Resident/fellow in training

Umayya Musharrafiéh, MD, MPH, MHPE

Vice Chair of Family Medicine for Employee Health

Professor of Clinical Family Medicine

Clinical Associate Infectious Diseases

Dr Umayya Musharrafiéh obtained her medical degree from AUB, Completed her postgraduate training in Family Medicine and her fellowship in Infectious Diseases from AUB.

She obtained her Master's degree in Public Health from University of London. She is Arab Board Certified.

Carine Sakr, MD, MPH

Director of Employee Health Unit

Assistant Professor of Medicine.

Dr Carine Sakr obtained her medical degree from Saint Joseph University (USJ), her Occupational and Environmental fellowship and her Master's degree in Public Health from Yale University. She is American Board certified in both Internal Medicine and Occupational & Environmental Medicine.

Diana Rahmeh, MD

Occupational Medicine specialist

Clinical Instructor in Family Medicine

Dr. Diana Rahmeh Obtained her medical degree from University Saint Joseph (USJ), Completed her post-graduate training in Family Medicine from AUB, her Diploma in Occupational Medicine at USJ and her Diploma in Aerospace Medicine at the University Paris V-Rene Descartes. She is Arab Board certified.

Rita Doudakian, BSN, MPH

Community Health Nurse

Completed her BS in Nursing and her Masters of Public health from AUB

Hanin El Banna, BS, MS

Occupational Compliance Assistant

Completed her BS in Biology from the Lebanese American University and is completing her Masters in Immunology and Microbiology from AUB

Why choose us?

The Employee Health Unit team is specifically devoted and trained to promote safety, prevent injuries and return employees to work in a timely and appropriate manner. We are a team of certified and Registered Occupational Medicine Physicians and Nurses. We also have access to request experts' opinions from all specialties if needed. With a proven history of helping employers reduce workers compensation costs, our Employee Health Unit can partner with your business to help you improve the health status and productivity of your workforce, while being compliant with the Lebanese Labor Law. We offer the aforementioned Occupational Medicine Health services in our clinics at AUBMC, and we can come to your worksite or corporation to perform necessary testing, alleviating time spent to reach our clinic. Our services include on-site visits, during which our team is able to provide focused injury care and prevention utilizing our knowledge of the working environment. Confidentiality of all employee's information is always secured.

Location & Appointment Scheduling

- A. Location: American University of Beirut Medical Center, Clemenceau Street , Wassef and Souad Sawwaf Bldg., 3rd flr.
- B. Extension: +961 01350000 ext. 3015
- C. Email: eho@aub.edu.lb