EXECUTIVE HEALTH PROGRAM
THE EXECUTIVE HEALTH PROGRAM (EHP) AT AUBMC OFFERS COMPREHENSIVE, EVIDENCE-BASED HEALTH PACKAGES TAILORED TO MANAGERS, AS WELL AS BUSY EXECUTIVES AND THEIR FAMILY MEMBERS. THE PROGRAM ENTAILS A PERSONALIZED AND PREVENTATIVE HEAD-TO-TOE MEDICAL EXAMINATION ALONG WITH LIFESTYLE ASSESSMENT. IT IS PRESCHEDULED AND IMPLEMENTED OVER A ONE-NIGHT STAY IN A PRIVATE, LUXURIOUS, AND COMFORTABLE SETTING.
The packages are customized to your medical profile and history. They may include all the following:
- Complete blood studies
- Cardiac health evaluation, including EKG, stress echocardiography, CT calcium score
- Pulmonary health evaluation, including spirometry
- Bone densitometry test
- Colonoscopy
- For females: Papanicolaou test Pap smear, mammography
- For males: Prostate-Specific Antigen (PSA) diagnostic blood test

**Additional services**

The below services can be provided at additional cost either upon your request or based on your medical need:
- Positron emission tomography (PET) scan
- Dental consultations
- Diet and nutrition counseling
- Smoking cessation
- Life coaching sessions
- Cosmetic surgery
- Laser vision correction
What to expect?

The Executive Health Program at AUBMC focuses on:
• Preventing and detecting serious conditions such as heart disease and cancer at an early stage
• Identifying lifestyle and hereditary factors that may impact health
• Enhancing lifestyle and modifying harmful risk factors
• Ensuring health stability and peace of mind

The EHP at AUBMC offers its visiting executives
• High-quality standards
• Evidence-based medical packages
• Convenience and efficiency
• A comfortable and attractive setting
• Travel assistance

High Quality Standards
• Comprehensive health assessment packages based on age, gender, potential risk factors, family and past medical history
• In-depth personalized medical examination
• Experienced specialists trained in top US and European medical institutions
• State-of-the-art diagnostic medical technologies

Convenience and Efficiency
• Simplified scheduling and billing
• Prescheduled examinations, screening, and consultations
• Ample discussion of results with physician
• Summary report stating results and recommendations
Comfortable and Attractive Setting
• Luxurious suites
• Internet services
• Guaranteed privacy and confidentiality

Travel Assistance
• Hotel reservations
• Airport and inland transportation
For more information and appointments, please contact:
Executive Health Program at AUBMC
American University of Beirut Medical Center
P.O. Box 113-6044
Hamra 1103 2090
Beirut, Lebanon
Phone: 00961-1-350000 extension: 5346, 5328
Fax: 00961-1-364082
Mobile: 00961-3-978678
Email: ehtc@aub.edu.lb