

O B G Y N

Issue N° 25 Summer Newsletter 2017



Our lives are dedicated to yours

GRADUATING OUR RESIDENTS WITH STYLE

Ain't no party like the 2017 OBS/GYN residents' graduation celebration, from its original setup to the live cooking and succulent food ending up with its original entertainment. The graduation party of our five residents and one fellow took place in a transformed kitchen made into a dining area with urban décor and industrial architecture. In addition to the graduates and their families, most staff in the department and many faculty members from other departments were present during the event.



Summertime and the livin' is easy. It is this time of the year when we bid farewell to our graduating residents and fellows, and we start a new chapter. The summer issue brings news about our graduation dinner, the creation of the Division of Gynecologic Oncology, and other news that await the reader in different sections of the newsletter. In addition, some fascinating facts in celebration of the 150th Anniversary of the Faculty of Medicine are highlighted in the "Did you know?" section. We take this opportunity to thank Dr. Ziad Ghazzal, Deputy Executive Vice President/Dean, who provided this valuable information. Enjoy.

Sincerely,
Anwar Nassar, MD
Editor-in-Chief



GRADUATING OUR RESIDENTS WITH STYLE

The evening started with live music by a saxophonist followed by certificate distribution and a short prerecorded speech by Dr. Anwar Nassar. The highlight of the evening was "Joe le danseur," a professional French dancer who has flown from Paris especially for the event. His acrobatic performance kept everyone entertained and on their feet.



RESIDENTS AWARDS

The Department of OBS/GYN would like to congratulate Dr. Dalia Khalife for receiving the “Best Resident of the Year” Award and Dr. Dib Sassine for receiving the “Highest CREOG Score” Award for the Academic Year 2016/2017. Also, Dr. Ali Khalil was the recipient of the “2017 National Faculty Award for Excellence in Resident Education”. These awards were distributed during the annual resident graduation dinner which was held on May 20, 2017.

During the 4th Clinical Research Open House that took place on May 30, 2017, Dr. Serge Mattar who graduated this past June, won the second prize for the best oral presentation for his project “Factors that affect women’s choice of their obstetrician and gynecologist: a survey of Lebanese women.” We would like to congratulate Serge and his advisor, Dr. Elie Hobeika, for this achievement.



THE DIVISION OF GYNECOLOGIC ONCOLOGY

We are glad to announce the inception of the Division of Gynecologic Oncology. This is the third addition to the existing Divisions of Maternal Fetal Medicine and Reproductive Endocrinology and Infertility that were established in December 2011. This comes in line with the institutional mission of creating centers of excellence and sub-specialization. The new division is essential for strengthening the three pillars of patient care and service, education, and research. The creation of such a division is essential for the introduction of a fellowship program at a later stage. It also gives us great pleasure to announce that Dr. Muhieddine Seoud will be the Head of this newly established division.

THIRD JOINT SEMINAR WITH BEQAA HOSPITAL

The Women's Health Center held its Special 16th Clinical Seminar, the 3rd joint activity with Beqaa Hospital titled "Clinical Updates" on May 19, 2017 in Beqaa Hospital Auditorium. The seminar, attended by around 45 colleagues practicing in Beqaa area, covered a diverse range of OBS/GYN topics. Speakers included Drs. Anwar Nassar, Antoine Hannoun, Ihab Usta, Labib Ghulmiyyah, and Joseph Nassif, and the seminar was moderated by colleagues from Beqaa Hospital. The discussion that followed each lecture focused on the various aspects of clinical management and the ways toward a standard approach to practice. The seminar was followed by a dinner offered by Beqaa Hospital in honor of the department guests.



MRCOG EXAM PART 1: CHANGE OF DATE

For the third year in a row, the Part 1 MRCOG exam will be offered at AUBMC to OBS/GYN specialists from Lebanon and the region. The exam will take place on Sept 04, 2017 at Professor Ismail Khalil Auditorium. AUB has been officially declared as a Part 1 MRCOG Exam center in 2015. This is part of the continued collaboration between the department and the Royal College of Obstetricians and Gynaecologists (RCOG), UK. Effective 2018, the exam will be administered on July 2nd instead of September. Applications open from January 11 - April 5, 2018.



CONGRATULATIONS

Dr. Faysal El Kak won the best abstract award during the 23rd World Association of Sexual Health Meeting that was held in Prague, Czech Republic on May 28 - 31, 2017.

We would like to extend our warm congratulations to Dr. Naji Aswad and his wife Ghosoun on the birth of their baby boy, on June 16, 2017. The delivery took place at AUBMC. Baby Tamer weighed 3860 grams at birth. Both mom and baby are doing well.



RESIDENT ACTIVITIES

The housestaff in the department of OBS/GYN hold regular meetings as a group with the Residency Program Director, Dr. Labib Ghulmiyyah and the Chairman, Dr. Anwar Nassar every 2 months to discuss various departmental issues and to hear from individual residents about any concerns they might have and any suggestions to improve the quality of education they are receiving. This is usually followed by a get together dinner. The last meeting that took place on June 21, 2017 was followed by an Iftar at the terrace of Abd El Wahab restaurant, since the meeting coincided with the Holy month of Ramadan.



ACADEMIC NEWS

- Drs. Faysal El Kak and Fadi Mirza were invited speakers at the OBS-GYNE Exhibition and Congress that was held in Dubai, UAE on April 19 - 21, 2017. Dr. Mirza was also an invited speaker at the Middle East Master Class held in Dubai, UAE on May 12-13, 2017. Dr. El Kak was an invited speaker at the 23rd World Association of Sexual Health Meeting that was held in Prague on May 28 - 31, 2017. He also had several presentations on female sexual dysfunction approach and management in Egypt, Dubai, and KSA, and on other gynecologic topics in Lebanon.
- Dr. Anwar Nassar gave a presentation entitled "Threatened miscarriage: challenges in management" to a crowd of community physicians at Phoenicia Hotel on May 24, 2017.
- Dr. Muhieddine Seoud was an invited speaker and the chairman of the organizing committee at the launching of the awareness campaign for the prevention of cervical cancer during the 8th Congrès d'Oncologie Francophone and 5th Lebanese Gynecologic Oncologic Group Meeting that was held on April 28 - 29, 2017, Beirut - Lebanon, where he gave two lectures. He also gave two lectures as an invited speaker at the MD Anderson's Sister Institution Network meeting held on March 25, 2017 in Beirut, Lebanon. In addition, he was an invited external examiner at the Kuwait University Medical School OBS/GYN final examination on May 13 - 17, 2017.
- Drs. Dina Chamsy and Rabih Chahine were invited speakers at the Lebanese Society of Obstetrics and Gynecology regional symposium held in Keserwan on May 23, 2017. They discussed "Hysteroscopic myomectomy: Tips and tricks" and "Cesarean section rates: Between women's demands and guidelines."
- Dr. Elie Hobeika gave a presentation during the 9th South Contraception and Fertility Day that was held on April 22, 2017 in Saida where he talked about "Intra-uterine system contraception and beyond." He was also featured on LBCI on June 8, 2017 during the show "Ahmar Bi Khat el Arid" where he discussed hyperemesis, exercise and mood/behavioral changes in pregnancy.
- Community education is not restricted to our faculty members. Our residents are also giving their share. Dr. Ali Mourad, a PGYIV at the Department of OBS/GYN, gave a lecture on April 29, 2017 at the Lebanese German University-Sahel Alma. The lecture was entitled "Future of assisted reproductive techniques (ART): No pain, much gain!"

PUBLICATIONS

- Dr. Faysal El Kak authored a book on "Sexual violence in Lebanon: Testimonies in the dark", Swedish Development Cooperation, 2017.
- El-Hage-Sleiman AK, Nassar AH, Nassif J, Naamani S, Sharara-Chami R. Hybrid simulation in teaching clinical breast examination. MedEdPublish 2016 October 26;5.
- Ezzeddine D, Hamadi C, Abbas HA, Nassar A, Abiad M, Ghazeeri G. Prevalence and correlation of hypothyroidism with pregnancy outcomes among Lebanese women. J Endocr Soc 2017;1(5):415-422.
- Nassif J, Eid J, Nassar A, Akl IB, Musa AA, Abbasi S, Sharara R. Self-based learning compared to didactic learning for basic medical or surgical technical skills. Int J Innov Educ Res 2017;5(4):133-49.

IN THE SPOTLIGHT

LAMA CHANOuha

Q: When did you join the Department of OBS/GYN?

A: In 2007.

Q: What is your title?

A: I am a Registered Nurse.

Q: What are your main duties?

A: To coordinate patient care and implement interventions based on individualized plan of care.

Q: Prior to joining this Department, what were you doing?

A: I was studying to achieve my nursing degree.

Q: If you were not doing this job, what would have you chosen to do?

A: I would be a psychologist.

Q: What is most enjoyable about your job?

A: The professional interaction with patients.

Q: What do you find most challenging about your job?

A: To maintain the balance between social life and work.

Q: If you could go anywhere in the world, where would you choose to go and why?

A: I would go to Thailand. It's a place that combines the complexity of the temples and the simplicity of the sea.

Q: What do you enjoy doing during your free time?

A: Catching up with friends.

Q: What is something that most people don't know about you?

A: The wellbeing of my beloved ones is one of my top priorities.

Q: What is your point of weakness?

A: I have a strong memory.

Q: Who is your favorite artist?

A: Celine Dion and Majida al Roumi.

Q: What is your favorite song these days?

A: "All of Me" for John Legend. It is an old song that I enjoy every time I listen to it.

Q: What is the movie or book you recently enjoyed watching or reading?

A: "Me Before You" is a movie that I really enjoyed. I am currently reading "Touching Spirit" for Elizabeth Stratton, one of the best books.



Did you know?

- The former name of AUB was the Syrian Protestant College. It was renamed the American University of Beirut only in 1920.
- At first, teaching was in Arabic, so each American professor had to master the language and translate medical texts and lectures into Arabic.
- When the Syrian Protestant College was established in 1866, it became the largest American missionary school established outside the United States.
- The Medical Department of the Syrian Protestant College opened on the first of December 1867.
- Dr. Cornelius Van Dyck had been in the Middle East for 27 years prior to the founding of the medical school and was an outstanding Arabic scholar.
- It was necessary to buy or dig up cadavers secretly as the Ottoman law forbade dissection.
- The original medical building, which was completed in 1873, is today the home of the Regional External Program (REP) on campus.
- In 1874, Dr. George Post was the first editor of the first Lebanese medical journal in the Arabic language "Al-Tabib."
- Dr. John Wortabet published the Arabic version of Gray's Anatomy.

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*ings for extraordinary business to be held
at the call of the chairman.
Adjourned.
A regular meeting of the Faculty was held
this day at the College Library.
Resolved, That 200 copies of a circular give circul*

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