

OBGYN



AMERICAN UNIVERSITY of BEIRUT MEDICAL CENTER
المركز الطبي في الجامعة الأميركية في بيروت

Issue N° 33 Summer Newsletter 2019

Our lives are dedicated to yours

ANOTHER MEMORABLE NIGHT ...



The OBS/GYN resident graduation party was held on June 6, 2019 at the Le Gray Hotel. This year's venue, Indigo on the Roof, provided a truly unique set up. The rooftop featured a classy decor overlooking the beautiful downtown skyline. The guests were further enchanted by the special music of the violinist, Vanessa Nassar, and the oriental tunes played by a live band lead by Ziad Sahab.

The program included a welcoming remark by the Department Chair, Dr. Anwar Nassar who greeted the graduates, their families and all the guests and delivered a speech filled with sincere advice to the graduating physicians. The residency program director, Dr. Fadi Mirza, congratulated the graduates on this milestone and their acceptance in fellowship programs that span from the USA to India. Dr. Antoine Abu-Musa, the fellowship program director, addressed the graduating fellow. The annual prizes and gifts were then distributed.

The graduates then dedicated heartfelt words to their families, colleagues, and faculty. We wish Lina, Marlie, Mohammad, Rayan, and Dalia all the best in their future endeavors. They will undoubtedly make us proud!

With this summer issue, we bring you news about the resident graduation dinner and resident research day. Also highlighted in this issue is the launching of the Women's Integrated Sexual Health Program (WISH Program). The "Did you know?" section highlights some interesting facts about women and sport. Enjoy the read.

Sincerely,
Anwar Nassar, MD
Editor-in-Chief



THE LAUNCHING OF THE WISH PROGRAM

On June 20, 2019, the Women Integrated Sexual Health (WISH) Program at the Women's Health Center was officially launched, and it immediately started welcoming patients presenting with issues related to sexuality and sexual dysfunction. Many learnt about the WISH program from social media and media advertisement launched by AUBMC media team. The WISH Program will be conducting a series of media appearances and outreach public and community awareness activities to encourage people with unmet sexual health needs to access and benefit from WISH quality services. The WISH Program is also planning to collaborate with relevant national, regional, and international partners to promote its services and research.



OBS/GYN PHYSICIANS AWARDS 2019

This year the winners for the three categories of prizes given by OBS/GYN attendings and residents were: Maha Jaafar (Physician's Award for Best OBS/GYN Administrative Staff), Manal Ayoub (Physician's Award for Best OBS/GYN RN) and Zeinab Yassin (Physician's Award for Best OBS/GYN Auxiliary). Congratulations for a very well-deserved recognition.



NINTH RESIDENT RESEARCH DAY

The Ninth version of the Resident Research Day was held on May 25, 2019. This much-anticipated event has been a departmental tradition for many years. The program this year featured ten resident presenters who ranged from PGY 1 to PGY 4 levels, and it was attended by the department's faculty and residents, in addition to three esteemed guests, namely Drs. Ali Taher, Khalid Yunis, and Hani Tamim. The guests served as an external jury that awarded the prizes to Dr. Karam Hamed for best study presentation and Dr. Rand El Sharaiha for best proposal presentation. The audience was impressed by this year's research quality and are looking forward to the Tenth Resident Research Day!

ACADEMIC NEWS

- Dr. Antoine Abu-Musa was invited as a key note lecture speaker at the Second World Conference on Luteinizing Hormone that was held in Naples, Italy on May 24-25, 2019 where he talked about "Healthcare: A Universal Need."
 - Dr. Abdallah Adra was an invited speaker to the 4th International Symposium on Prenatal Diagnosis & Fetal Therapy that was held in Athens, Greece in April 2019. He gave two presentations on the diagnosis and management of lower urinary tract obstruction and pleural effusions in the fetus. Dr. Adra was also an invited speaker to the 35th International Congress of the "Fetus as a Patient" society held in Moscow on May 21-23, 2019, where he gave a plenary lecture on the prevention of preterm preeclampsia.
 - Dr. Labib Ghulmiyyah was a keynote speaker at the graduation ceremony for Marjayoun National College in Jdeideh, Marjayoun on June 29, 2019.
 - Dr. Faysal El Kak participated in the global expert consultation on sexuality and sexual health and pleasure by the World Association of Sexual Health (WAS) and Human Sexuality Program, at the University of Minnesota, New York on May 28-29, 2019. He was also an invited speaker in the "Women Deliver Conference" on refugee healthcare, women's health across the life span, and maternal health under crisis, that was held in Vancouver, Canada on June 2-7, 2019. Dr. El Kak participated in the WHO expert consultation on Global Sexual Health Data, in London, UK on June 17-19, 2019. Finally, Dr. El Kak was asked to join the Editorial Board of the Saudi Journal of OBS/GYN.
 - On May 2, 2019, the WHC organized its 19th clinical seminar entitled "Practice Guidelines in OBS/GYN: Tips for Daily Practice" at Keserwan Medical Center. Several faculty members including Drs. Labib Ghulmiyyah, Elie Hobeika, and Rabih Chahine gave talks that were well-received by the audience. The seminar was followed by a dinner.
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PUBLICATIONS

- Nassar AH, Visser GHA, Ayres-de-Campos D, Rane A, Gupta S; FIGO Safe Motherhood and Newborn Health Committee. FIGO Statement: Restrictive use rather than routine use of episiotomy. *Int J Gynaecol Obstet* 2019 Jul; 146(1):17-19.
 - Visser GHA, Stones W, Nassar A; FIGO Safe Motherhood and Newborn Health Committee. Framework for safe delivery: A call to action. *Int J Gynaecol Obstet* 2019 Jul; 146(1):1-2.
 - Ballout R, Ghanem R, Nassar A, Hallal A, Ghulmiyyah L. Splenic Artery Aneurysm (SAA) rupture in pregnancy: A case report of a rare but life-threatening obstetrical complication. *J Womens Health Dev* 2019 May 16;2(1):20-28.
 - Ghulmiyyah L, Nassar AH, Sassine D, Khoury S, Nassif J, Ramadan H, Najem E, Berjawi G. Accuracy of pelvic ultrasound in diagnosing adnexal torsion. *Radiol Res Pract* 2019 Jul. [ahead of print].
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CONGRATULATIONS

- Mohamad Badran, clerk on 7N, won the "Director's Award for Outstanding Floor Clerk of the Year."
- Dr. Dina Chamsy was appointed as the Med III OBS/GYN clerkship director starting June 1, 2019.
- Dr. Joseph Nassif was the recipient of the "2019 National Faculty Award for Excellence in Resident Education."
- We would like to extend our warm congratulations to Dr. Labib Ghulmiyyah and his wife Haya on the birth of their baby Makram, on June 15, 2019. The delivery took place at AUBMC.
Congratulations.



IN THE SPOTLIGHT AMIRA MOGHRABI



Q: When did you join the Department of OBS/GYN?

A: In September 1986 after graduating from college.

Q: What is your title?

A: Registered nurse.

Q: What are your main duties?

A: Bed side care for OBS/GYN and GYN Oncology patients.

Q: Prior to joining this department, what were you doing?

A: Studying nursing.

Q: If you were not doing this job, what would you have chosen to do?

A: I would have chosen to be a teacher of Arabic or English languages.

Q: What is most enjoyable about your job?

A: Relieving the pain of those who are suffering. In addition, the education I provide to my patients makes me love and enjoy my work more.

Q: What do you find most challenging about your job?

A: The new technological challenges at our medical center. Yet, I always manage to overcome the challenges I face daily with the help of my colleagues.

Q: If you could go anywhere in the world, where would you choose to go and why?

A: I would choose Greece since it is full of life. I also admire how they value the natural resources they have!

Q: What do you enjoy doing during your free time?

A: I enjoy visiting my village, reading novels, and walking outdoors.

Q: What is something that most people don't know about you?

A: I'm good at knitting home accessories and clothes. I particularly enjoy petting animals.

Q: What is your point of weakness?

A: Seeing any pet suffering or being tortured.

Q: Who is your favorite artist?

A: Mikhail Naima.

Q: What is your favorite song these days?

A: "Je n'ai pas change" by Julio Iglesias.

Q: What is the movie or book you recently enjoyed watching or reading?

A: I recently read "Al Bayader" by Mikhail Naima and am currently reading "Gone with the Wind" by Margaret Mitchell.

Did you know?

- In the ranking of the 100 highest-paid athletes, there is just one woman - tennis star Serena Williams.
- The number of women in sport governing bodies remains below 30%.
- The first modern era Olympic Games to feature female athletes was the 1900 games where 22 women participated representing 2.2% of all the competitors.
- 44% of the athletes at the 2012 Olympic Games in London were females.
- Only eight countries have more than 40% women on their national Olympic committees – Malawi, Australia, Bermuda, Norway, New Zealand, Kiribati, Samoa, Tuvalu whereas 10 countries have no women at all.
- The FIFA (Fédération Internationale de Football Association) Women's World Cup is a new event. It was first held in 1991; i.e., 61 years after the men's first FIFA World Cup which was held in 1930.
- Historically, female athletes have been treated and looked upon differently from their male counterparts. Even in 2012, the Japanese women's national soccer team travelled to the Olympic Games in economy class, while the men's team travelled in business class.
- In 1967, Sarah Switzer became the first woman to run the Boston Marathon. During her run, race officials attempted to stop her, but she kept running and completed the race.
- Billie Jean King beat Bobby Riggs in 1973 in a tennis match which was watched by over 90 million viewers. This match was known as "The Battle of the Sexes."
- The highest-paid player in the WNBA (the Women's National Basketball Association) makes roughly one-fifth that of the lowest-paid male player in the NBA.

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