



# Comprehensive Cognitive Rehabilitation Program (CCRP)

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Our lives are dedicated to yours



# Introduction

The CCRP Program, housed within the Abu-Haidar Neuroscience Institute (AHNI) at the American University of Beirut Medical Center (AUBMC), provides unique services in cognitive rehabilitation for persons aged 12 or older with various central nervous system disorders. This program would benefit a wide range of patients with cognitive difficulties or impairment.

Difficulties with cognitive functioning (such as poor concentration or memory) are often the most disabling symptoms for people with traumatic brain injury, stroke, or other types of neuropsychiatric illnesses. Cognitive rehabilitation has demonstrated its effectiveness for improving occupational functioning, psychosocial adjustment, and overall life satisfaction after a neurologic injury.

Our program is comprehensive and provides a full range of therapeutic services (Ex: individualized cognitive rehabilitation computer-based cognitive stimulation, psychotherapy, occupational therapy, speech therapy) to patients with a variety of acquired or neurodegenerative disorders at all stages of recovery. Helping people regain their independence and an active role at home and in the community, including assistance with returning to work, is a primary focus of the program.

## Our Mission

The CCRP at AUBMC will deliver compassionate, comprehensive, evidence-based cognitive rehabilitation care of the highest quality to improve patients' quality of life.

## Our Vision

The CCRP Program at AUBMC aims to achieve exceptional patient outcomes and attain national and regional recognition in cognitive rehabilitation therapy and research.

# Our Services

The CCRP program provides treatment primarily to patients who require specialized cognitive rehabilitation services following acquired or degenerative cognitive impairments. Individual cognitive remediation, psychotherapy, occupational therapy, and home-based interventions are provided to ensure a holistic treatment and improve independence in daily and occupational functioning.

# Our Team

Our team is composed of neuropsychologists, a cognitive neuroscientist nurse, as well as occupational and speech therapists, who work in collaboration with a psychiatrist and clinical psychologists.

# Who can benefit from this program?

Patients who could benefit from Cognitive Rehabilitation Therapy include, but are not limited to, patients with a history of:

- Traumatic brain injury
- Stroke
- Early dementia and other neurocognitive disorders
- Multiple sclerosis
- Psychiatric and other mental disorders
- Brain surgery
- Epilepsy

# Why come to us?

AUBMC's mission is to deliver exceptional and comprehensive quality care to patients. We have always been known for our evidence-based clinical approach. The cognitive rehabilitation program is no exception. Our services are unique and based on extensively researched programs and are provided by highly specialized professionals who will guarantee you will always receive what is best for you. To date, there is no other team of specialists in the area of cognitive rehabilitation in Lebanon.

## Location & Appointment Scheduling

The Cognitive Rehabilitation Program is located in the Abou Haidar Neuroscience Institute, Halim and Aida Daniel Academic and Clinical Center, 4<sup>th</sup> floor. To reach us or to schedule an appointment, contact us +961 1 350000, ext. 7375, 7376, 7377. You can also drop us an email at [ccrp@aub.edu.lb](mailto:ccrp@aub.edu.lb)

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