

INSIDE THIS ISSUE

Welcome

Academic News

Congratulations

Alumni News

Employee Spotlight

It is with pride and pleasure that we launch the first issue of our quarterly OBS/GYN WIRE aimed at collecting and distributing news of our department as well as keeping us closely connected with the AUBMC community and our Alumni.

This issue highlights some of the achievements in research among our faculty; it sheds light on a new international affiliation with our department which is expected to enhance the educational experience of our residents as well as other newsworthy items.

There is a Q&A section at the end of our newsletter, aimed at getting a closer look at our staff and allowing us to get to know each other better. Mrs. Christiane Sobhieh is our featured guest for this issue. We have launched this newsletter in the hopes that you will find it useful and informative.

Sincerely,

Editor-in-Chief: Anwar Nassar, M.D.

HENRY FORD HOSPITAL AGREEMENT

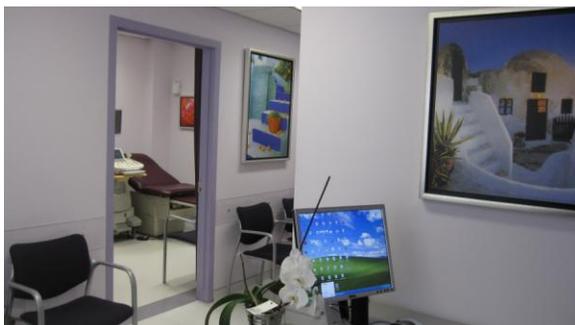
The Department of Obstetrics & Gynecology at AUB-MC is extremely pleased and honored to announce the signing of a new educational agreement with Henry Ford Hospital/Henry Ford Health System. The Henry Ford Hospital residency program, lead by one of our previous graduates, Dr. Adnan Minkara, will be sponsoring our senior residents for a 2-month rotation during their fourth year of training.

This program will provide these residents with a unique experience focused on Gynecologic Oncology, Urogynecology, and Maternal Fetal Medicine. *Continued on page 3*



Henry Ford Hospital – Detroit, MI - U.S.A.

RELOCATION OF THE PRENATAL DIAGNOSIS UNIT



Prenatal Diagnosis Unit – 7th floor

The Prenatal Diagnosis Unit was recently relocated to the Women's Health Center – 7th floor phase I. The new Unit provides a comfortable atmosphere ensuring complete privacy for our patients and all procedures are done by our Maternal Fetal Medicine specialists.

In addition to the routine fetal morphology scans, first trimester scans, amniocentesis, chorionic villus sampling and intrauterine transfusions can be scheduled there. The unit also offers antenatal fetal testing. To make an appointment call 5620 or 5631.

Women's Health Center: A Face of AUBMC

The Women's Health Center was selected as the main face of AUBMC in a recent large scale national and regional multi-media campaign. The newly redesigned unit can be seen as the backdrop for new AUBMC journal, magazine, and billboard advertisements.

The Center is designed with women's comfort and privacy in mind: Its spacious reception and waiting area, consultation and treatment rooms have created a positive atmosphere of coziness and relaxation. The Center was inaugurated back in February 2010.



Women's Health Center – 7th floor

CONGRATULATIONS



- ◆ Sally Khoury, M.D., a PGY I, was elected as an RSO member for the academic year 2011-2012.
- ◆ Congratulations to the winners of "The Best Presentation by a Medical Student" for the academic Year 2010-2011: *Omar Kriedieh, Ragheed Saoud & Sara Assaf*. Prizes will be distributed soon by the Chairman. This is a yearly activity whereby 3 Med III students with the best case presentations during their OBS/GYN rotation, are selected to receive a prize and a certificate of excellence as an appreciation of their hard work.
- ◆ Congratulations to Lamia Sayyegh, M.D., a PGY IV, who gave birth to her first baby boy on Sep 4, 2011 in Canada.

ACADEMIC NEWS

- ◆ Drs. **Anwar Nassar, Johnny Awwad and Ihab Usta**, as a part of a large international collaboration on the effects of progesterone treatment in women with a multifetal pregnancy, submitted a metaanalysis to the Annual Meeting of the Society of Maternal Fetal Medicine to be held in Dallas, Texas U.S.A. Feb 6-11, 2012. The abstract is entitled: "Progestogen in twin pregnancies: an individual participant data meta-analysis of randomized trials."
- ◆ Dr. **Joseph Nassif** will be a speaker at the advanced course "Current Techniques in the Treatment of Severe Endometriosis" that will be held in IRCAD – Stasbourg, France from Sep 5-7, 2011.
- ◆ Dr. **Anwar Nassar** had an abstract accepted for presentation at the 21st World Congress on Ultrasound in Obstetrics and Gynecology to be held in Los Angeles, California U.S.A. Sep 18-22, 2011. The abstract is entitled: "Evaluation of ultrasound training in Ob/Gyn residency programs in Lebanon."
- ◆ Dr. **Joseph Nassif** has a video presentation "Laparoscopic excision of bladder nodule in a patient with multiple previous open surgeries" at the European Society for Gynecological Endoscopy 20th Annual Meeting, London (21-24 Sep 2011). Co-authors: Drs. **Ali Chami, Antoine Abu Musa & Labib Ghulmiyyah**.
- ◆ Dr. **Muhieddine Seoud** was recently appointed as the Editor of the Middle East section of the New Monograph in the Journal *Vaccine* which will deal with all aspects of cervical cancer screening and prevention strategies. The monograph is due to appear in the first quarter of 2012. He will attend the next meeting of the editors/authors during the next IPVC meeting in Berlin September 17-22, 2011.

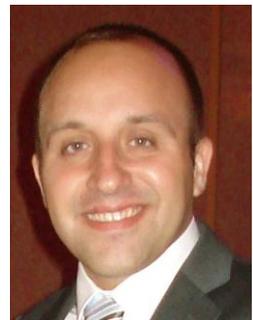
- ◆ Dr. **Anwar Nassar** was appointed as an Associate Editor for *BMC Pregnancy and Childbirth* on July 26, 2011.

PUBLICATIONS

- ◆ **Gael Abou-Ghannam**, MD, a PGY IV, had her first paper “Indomethacin in Pregnancy: Applications and Safety” published in the *American Journal of Perinatology* 2011 Jul 22. [Epub ahead of print]. Co-authors: **Ihab Usta**, MD and **Anwar Nassar**, MD.
- ◆ **Nassif J**, Trompoukis P, Barata S, Furtado A, Gabriel B, Wattiez A. Management of deep endometriosis. *Reproductive BioMedicine Online* July 2011;23(1): 25-33.
- ◆ Gabriel B, **Nassif J**, Trompoukis P, Lima AM, Barata S, Lang-Avérous G, Wattiez A. Prevalence and outcome of urinary retention after laparoscopic surgery for severe endometriosis-does histology provide answers? *Int Urogynecol J Pelvic Floor Dysfunct* July 2011. [Epub ahead of print]
- ◆ Trompoukis P, **Nassif J**, Gabriel B, Wattiez A. Internal hernia after laparoscopic sacrocervicopexy. *J Minim Invasive Gynecol* 2011 Jul-Aug;18(4):525-7.
- ◆ Geara FB, Shamseddine A, **Khalil A**, Abboud M, Charafeddine M, **Seoud M**. A phase II randomized trial comparing radiotherapy with concurrent weekly cisplatin or weekly paclitaxel in patients with advanced cervical cancer. *Radiat Oncol* 2010 Sep 23;5:84.

Department welcomes a new faculty member

The department extends a warm welcome to Fadi Mirza, M.D., who joined the OBS/GYN team as a Maternal Fetal Medicine specialist on Aug 15, 2011. Dr. Mirza holds an M.D. from AUB and completed residency in OBS/GYN at Tufts University in Boston, MA followed by a three-year fellowship in Maternal Fetal Medicine at Columbia University in New York, NY. Dr. Mirza’s extensions are: 5635 (office) and 5840 (clinic) Pager: 0414.



HENRY FORD HOSPITAL AGREEMENT

continued from page 1

We believe that having this agreement will benefit our residency training program tremendously. Dr. Ghina Shami was the first resident to participate in this experience and she will be followed by her classmates throughout this upcoming year.

Without the help and support of Drs. Adnan Munkara and Baha Sibai, this agreement wouldn’t have been possible. We anticipate and look forward to a fruitful cooperation as well as a long-term partnership and collaboration with Henry Ford Health System.

ALUMNI NEWS

- ◆ Dr. **Katty Khalil** who graduated in June 2011 delivered a baby boy who she named Ali soon after graduation and is planning to join the staff at Bahman Hospital.
- ◆ After completing his residency training in Obstetrics and Gynecology at AUBMC, **Dr. Karim Nawfal** pursued two years of subspecialty fellowship training in Minimally Invasive and Robotic Surgery at Henry Ford Health system in Michigan, USA (2009-2011). He moved back to Lebanon in August 2011 to help increase the awareness about the use of minimally invasive surgical techniques in women’s health care. Karim is married to Joanna and they are the proud parents of 6-month old baby Adam.

STAFF SPOTLIGHT



Q: When did you join the department of OBS/GYN?

A: I started my Career as registered nurse in 1997 on the post partum floor “7 North”. I joined the Private Clinics OBS-GYN in 2003 as Nurse in Charge.

Q: What is your title?

A: Unit Coordinator of Women’s Health Center.

Q: What are your main duties?

A: Coordination, supervision and patient counseling and education.

Q: Prior to joining this department, what were you doing?

A: I was student at St-Joseph University of Beirut where I completed a BS in nursing, and I had the French state diploma in 1997 and I joined AUBMC directly after graduation.

Q: If you were not doing this job, what would have you chosen to do?

A: I would rather either run a business company or work as an HR person.

Q: What is most enjoyable about your job?

A: Seeing my patients content after satisfying their requests.

Q: What do you find most challenging about your job?

A: Dealing successfully with different age categories, different mentalities and cultures, and at most importantly dealing with ‘difficult’ people.

Q: If you could go anywhere in the world, where would you choose to go and why?

A: Italy.

Q: What do you enjoy doing during your free time?

A: Shopping, travelling, cooking and meeting people.

Q: What is something that most people don’t know about you?

A: I am a very tempered person although at work I might give a different impression.

Q: What is your point of weakness?

A: I enjoy spending money!

Q: Who is your favorite artist?

A: Chopin, Julio Iglesias and Enrico Macias.

Q: What song are you listening to most lately?

A: Oldies, Love songs of 1970s, Fairuz.

Q: What is the movie or book you have lately enjoyed watching or reading?

A: ‘The Bitter Moon’ for Roman Polanski and I enjoy reading all books of Ahlam Mustaghanmi.



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