

THIS IS WHAT **WE DO**. THIS IS WHO **WE ARE**. MAKING A **DIFFERENCE** EVERY DAY!

## ◀ MAY 6-12, 2019: HAPPY NURSES' WEEK! ▶

*Iman Al Kouatly – Director of Nursing*

Nurses' Week starts on May 6 and ends on May 12, marking this year the 199<sup>th</sup> birth anniversary of Florence Nightingale, the founder of modern nursing.

I would like to take this opportunity to celebrate, thank, and honor the Great Nurses at AUBMC for all their commitment and dedication to excellence in patient care. We witness every day the skilled and compassionate care you deliver to our patients and the help you provide them with to recover and restore their health and wellness.

We are proud of our Great Nurses who are driving patient care to new heights and exerting every effort to provide optimal service to patients in Lebanon and the region.

AUBMC Great Nurses educate, counsel, advocate, and lead. They make a difference every day in the lives of many patients, their families, and the community as a whole. This comes in alignment with the International Council of Nurses (ICN) 2019 Nurses' Day theme, "Nurses: A Voice to Lead – Health for All."

At the national level, the Order of Nurses in Lebanon Nurses' Day theme is "Nurses = Trust." We are proud that AUBMC Great Nurses are trusted by all parties to achieve the best in patient care while ensuring the delivery of positive outcomes. It is because of AUBMC Great Nurses that we are who we are today...

In this issue, explore how the Nursing Department at AUBMC celebrated Nurses' Week amongst many other interesting issues!

Wishing our Great Nurses all the best,



# ◀ CELEBRATING AUBMC GREAT NURSES HAPPY NURSES' WEEK! ▶

Distribution of the Annual Nursing Excellence Awards (ANEA) 2019



The following nursing awards were distributed to deserved winners on May 9, 2019 in a ceremony that honored all AUBMC Great Nurses in Issam Fares Hall:

Award	Recipient
Director Award for Outstanding Registered Nurse	Mr. Mohammad Najdi, 10 South
Director Award for Outstanding Floor Clerk	Mr. Mohammad Badran, 7 North
Director Award for Outstanding Nurse Aid	Ms. Rowaida Tohme, Neuroscience Medical Surgical
Director Award for Outstanding Practical Nurse	Mr. Alaeddine Hasan, Bone Marrow Transplant Unit
Director Award for Outstanding Orderly	Mr. Adham Jurdi, Neuroscience Medical Surgical
Outstanding Council	Critical Care CPC
Outstanding Community Service	Ms. Mirielle Chehade, Coronary Care Unit
Exemplary Unit	10 South
Influential Nurse	Mr. Mahmoud El Baba, 9 South
Life Changer Award	Mr. Maher Nachawati, Coronary Care Unit
Nursing Award for Outstanding Interprofessional	Ms. Sofia Kassem Mahmoud, Pharmacy Department
Nursing Award for Outstanding Physician	Dr. Firas Kreidieh, Department of Internal Medicine

Dr. Firas Kreidieh, Chief Resident-Internal Medicine, extended his gratitude to all AUBMC Great Nurses for selecting him as the recipient of the Nursing Award for Outstanding Physician via e-mail.

"Dear Ms. Kouatly,

I am writing this e-mail to extend a heartfelt gratitude to you and all nursing teams, under your outstanding leadership, for today's recognition at the Annual Nursing Excellence Awards Ceremony. Dedicating an award among the nurses' awards for physicians emphasizes indeed the importance of collaborative care and the nurses-physicians close interaction. Your commitment, continuous hard work, and exemplary dedication are an asset to this collaboration. It would be highly appreciated if you may kindly extend my sincere heartfelt gratitude and appreciation to all nursing teams. With this fruitful, continuous collaboration between the medical and nursing teams, we will continue to strive to promote excellence in patient quality care at AUBMC. Thank you all!"

“SOHOUR” is a Blessing, May 12 2019, Issam Fares Plaza



“Halwayat Ramadan”: An extraordinary Arabian night full of surprises, May 12 2019, Issam Fares Plaza



### 9 North Rally Paper

On the occasion of Nurses’ Day, Ms. Lama Al Jurdi, Nurse Manager, steered the 9 North Rally Paper where all staff got engaged in educational games. Four teams competed in solving riddles and gathering clues related to AUBMC values, policies, and procedures. At the end of the two weeks competition, 9 North celebrated the winners and shared gifts.



### CCCL-Out Celebrating Nurses’ Day



## ◀ CERTIFIED NURSES' DAY ▶

On March 19, 2019, AUBMC Nursing Department celebrated Certified Nurses' Day with AUBMC's certified nurses recognizing their commitment to professional excellence by seeking certification in their area of specialty.



## ◀ HAPPY TEACHERS' DAY TO CPDC TEAM ▶

To show thoughtful appreciation, AUBMC Nursing Administration organized a celebration on Teachers' Day with the Clinical and Professional Development Center (CPDC) clinical educators.



## ◀ NURSING ADVANCEMENT PROGRAM ▶

On February 28, 2019, the Nursing Administration, and in collaboration with the Clinical Research Institute at AUB Faculty of Medicine, gladly announced the launching of the second round of the Nursing Advancement Program. This program aims to support Nurses at AUBMC in advancing their clinical research knowledge and promoting the growth of the clinical research community.



## ◀ AUBMC GREAT NURSES AROUND THE WORLD ▶

AUBMC Great Nurses have toured Lebanon and several regions around the world trying to grasp every opportunity to gain and spread knowledge:

The Neonatal Intensive Care Unit nurses attended the 7th National Collaborative Perinatal Neonatal Network meeting on January 10, 2019 in Beirut. The meeting offered a state-of-the-art knowledge based on the latest evidence in neonatology.



The journey continued to Frankfurt, Germany where a large group of oncology and BMT nurses, attended the 45th Annual European Society of Bone Marrow Transplantation Congress during February 2019. The congress included sessions about key issues related to cellular therapy research. With more than 170 sessions and 300 speakers, the congress was a great networking opportunity for AUBMC nurses to discuss current practices with experienced colleagues.



On February 2019, a group of devoted nurses from AUBMC and members of the Pediatric Oncology East Mediterranean (POEM) attended the POEM Quality of Life and Palliative Care Workshop in Yerevan, Armenia.



During the month of April, Ms. Iman Al Kouatly, Director of Nursing, and Ms. Maya Nizam, Project Manager, headed to San Diego, California to be part of the American Organization of Nurse Executives Annual Conference where thousands of nurse leaders gathered in sunny San Diego to mingle with their colleagues and learn from their wide experience.



Four AUBMC Epic Nurse Super Users, Mr. Ali Yazbek, Ms. Noha Rachwan, Ms. Sara Jaarour, and Mr. Ziad Karameh, headed to the United Kingdom, to support Great Ormond Street Hospital during their Epic go-live in April.



## ◀ AUBMC GREAT NURSES SPREADING KNOWLEDGE TO THE COMMUNITY ▶

### Kidneys come first!

On March 14, 2019, AUBMC marked World Kidney Day for the seventh year in a row!

Ms. Iman Al Kouatly, Director of Nursing, supported the World Kidney Day booth where blood pressure screening and educational materials were offered to AUBMC visitors.



### World Colon Cancer Day

On the occasion of World Colon Cancer Day, the gastroenterology nurses in Internal Medicine Specialty Clinics, Ms. Ghada Shami, Ms. Rima Atoui, and Ms. Amani Hashem, under the leadership of Ms. Rania Safa, took the initiative to launch an awareness campaign, raise public awareness, and promote early detection of colon cancer. Dr. Rihab Nasr, from the Department of Anatomy and Physiology, helped by offering an inflatable colon which served as an educational tool during the campaign.





# NEWS AND ANNOUNCEMENTS



- ◀ **Thank You Epic Team from AUBMC Great Nurses**  
January 2019, the last Post AUBHealth Go Live Epic Visit, Nursing Leadership Celebrating Success!



- ◀ **Nursing Grand Round: "Vascular Access Management: An Integrated Approach for Patient Safety"**

A Nursing Grand Round about "Vascular Access Management: An Integrated Approach for Patient Safety" was presented by Ms. Lisa Gorski, Clinical Nurse Specialist and Chairperson of Infusion Nurses Society (INS) Standards of Practice Committee in Professor Ismail Khalil Auditorium. Ms. Gorski summarized evidence-based recommendations for vascular access care and management based upon the 2016 Infusion Therapy Standards of Practice.

- ◀ **Sharps Injury Prevention Campaign in Operating Room (OR)**

For the second time in a row, and in an attempt to reduce sharp injuries in OR, an awareness day took place on February 14, 2019. Surgeons, residents, and medical students along with nursing staff came and joined the campaign which turned to be a real success.



- ◀ **Nephrology Award to Ms. Rafika Zaatari**

Congratulations to Ms. Rafika Zaatari, Clinical Educator, the winner of the "Employee of the Year" Award of the Division of Nephrology and Hypertension at AUBMC.



- ◀ **5<sup>th</sup> Nursing Kidney Symposium**

On April 6, 2019, nurses attended the "5<sup>th</sup> Nursing Kidney Symposium" to improve their knowledge of updates in the management of patients with chronic kidney disease. The symposium was coordinated by the Nursing Services Department Clinical and Professional Development Center in collaboration with the Lebanese Society of Nephrology and Hypertension and the Division of Nephrology and Hypertension at AUBMC.



- ◀ **Mosaic Team Wins "AUB Departments Play for Health Tournament"**

Congratulations to mosaic team for winning the AUB Departments Play for Health Tournament for the sixth time in a row.





# NURSES' ADVENTURES



10 South on the Snow



Emergency Department Team in Sri Lanka



Neonatal ICU Team in Arnaoun Village



ICU Nurses Living Ramadan's Spirit

ICU Nurses headed to meet people in need to distribute goods and share with them happy moments during the holy month of Ramadan. Nursing is all about caring; keep it up ICU!

